

**PRESS INFORMATION BUREAU
GOVERNMENT OF INDIA**

**RECOMMENDATIONS OF COMMITTEE ON YOGA EDUCATION IN
UNIVERSITIES**New Delhi, May 05th, 2015

A committee was constituted by the Government on 15th January, 2016 on yoga education in universities under the chairpersonship of Prof H.R. Nagendra, Chancellor, Swami Vivekananda Yoga Anusandhana, Samsthana, Bengaluru. The Terms of Reference (ToRs) of the committee included identification of courses and programmes in yogic art and science and the level at which it can be offered; to determine the eligibility qualifications for students for joining yoga education programme at different levels; to prescribe recommendations for qualifications for faculty of yoga etc. The details of the committee and the ToRs are available at http://mhrd.gov.in/sites/upload_files/mhrd/files/Committee_Yoga2016.pdf.

The Committee has submitted its report on 19th April, 2016. It has recommended seven programmes for implementation in universities viz. (i) Certificate Course in Yoga (CCY) of 6 to 12 months duration; (ii) Bachelors of Science (Yoga)-BSc.(Yoga) of 3 to 6 years; (iii) Post Graduate Diploma in Yoga (PGDY) of 1 to 2 years; (iv) Post Graduate Diploma in Yoga Therapy(PGDYT) of 1 to 2 years; (v) Masters of Science (MSc.)- Yoga of 2 years to 4 years; (vi) Doctor of Philosophy (Ph.D.)-Yoga of 3 to 5 years; and (vii) Doctor of Philosophy (Integrated)-Yoga of 4 to 6 years. The committee has also prescribed the qualifications for faculty of yoga. The committee has made other recommendations for promotion of yoga in universities. The recommendations of the committee are being examined.

This information was given by the Union Human Resource Development Minister, Smt. Smriti Zubin Irani today in a written reply to a Rajya Sabha question.

GG/RT/DS/RK/ YOGA EDUCATION