

**PRESS INFORMATION BUREAU  
GOVERNMENT OF INDIA**

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**YOGA AND NATUROPATHY IN COLLEGES**New Delhi, May 02<sup>nd</sup>, 2016

As per the National Curriculum Framework (NCF)-2005, Yoga is an integral part of Health and Physical Education at all levels of school education. Education, being a subject in the Concurrent List of the Constitution, and the majority of schools being under the jurisdiction of the State Governments, it is for the respective State/ Union Territory Governments to introduce this subject in their schools. However, for the schools affiliated to Central Board of Secondary Education (CBSE), Health and Physical Education is compulsory for Classes I to X and optional at classes XI and XII. The Government had set up a Committee to suggest modalities to introduce Yoga education in Universities, which has recently submitted its report.

Based on the NCF-2005, the National Council of Educational Research and Training (NCERT) have already developed model syllabi and textual material for Health and Physical Education, which includes Yoga.

The Ministry of AYUSH at present has constituted National Board for the Promotion and Development of Yoga and Naturopathy.

As part of the celebration of International Day of Yoga-2016, in order to promote Yoga amount students, it has been decided to organize Yoga Olympiad, involving school children. In order to promote Yoga among students Yoga-2016, CBSE also organizes National level competition annually for the schools affiliated to it.

This information was given by the Union Human Resource Development Minister, Smt. Smriti Zubin Irani today in a written reply to a Lok Sabha question.

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**GG/RT/DS/RK/YOGA AND NATUROPATHY**